



Kingsport Times-News
Johnson City Press
The NET360

Erwin Record
Herald & Tribune
The Tomahawk

10	11	12	14	13	15	16	17	18	19
START	STOP	NEWSPAPER REFERENCE	DESCRIPTION	PRODUCT	SAU SIZE	BILLED UNITS	TIMES RUN	RATE	AMOUNT
			Balance Forward						\$200.13
09/30		MFC-1012818-0930	Finance Charge						\$3.00
			PREVIOUS AMOUNT OWED:	\$200.13					
			NEW CHARGES THIS PERIOD:	\$0.00					
			CASH THIS PERIOD:	\$0.00					
			DEBIT ADJUSTMENTS THIS PERIOD:	\$3.00					
			CREDIT ADJUSTMENTS THIS PERIOD:	\$0.00					

Effective September 1, 2022, a 3.5% surcharge will be added to all credit card payments.
Credit Card Total Cost = \$210.24

So that we may serve you better, please remit the amount due. New business is dependent on prompt payments. Please include the remittance stub and input your account number on your check. Thank you.



INVOICE AND STATEMENT OF ACCOUNT

AGING OF PAST DUE ACCOUNTS

* UNAPPLIED AMOUNTS ARE INCLUDED IN TOTAL AMOUNT DUE



21	22	23	24
CURRENT NET AMOUNT	30 DAYS	60 DAYS	Over 90 DAYS
\$3.00	\$200.13	\$0.00	\$0.00
* UNAPPLIED AMOUNT			
\$0.00			
TOTAL AMOUNT DUE			
\$203.13			

1	2	3	4
SALES REP/PHONE #	BILLING PERIOD	BILLED ACCOUNT NUMBER	ADVERTISER/CLIENT NUMBER
Damaris Higgins 423-743-4112	09/01/2023 - 09/30/2023	1083014	1083014
		ADVERTISER/CLIENT NAME	
		TN DEPARTMENT OF ENVIRONMENT & CO	

MAKE CHECKS PAYABLE TO

Six Rivers Media LLC
P.O. Box 4807
Johnson City, TN 37602

Payment is due upon receipt.
 Accounts over 30 days will be assessed a
 finance charge of 1½% per month (18% APR)



701 Lynn Garden Drive
 Kingsport, TN 37660
 (423) 246-8121

PLEASE DETACH AND RETURN LOWER PORTION WITH YOUR REMITTANCE

1	2		
BILLING PERIOD	ADVERTISER/CLIENT NAME		
09/01/2023 - 09/30/2023	TN DEPARTMENT OF ENVIRONMENT & CONSERVATION DIVISIO		
23	3		
TOTAL AMOUNT DUE	TERMS OF PAYMENT		
\$203.13	Net + 30		
21	22	23	24
CURRENT NET AMOUNT	30 DAYS	60 DAYS	Over 90 DAYS
\$3.00	\$200.13	\$0.00	\$0.00

ADVERTISING INVOICE and STATEMENT

Brian.Canada@tn.gov

4	5	6	7	8	9
PAGE #	BILLING DATE	BILLED ACCOUNT NUMBER	ADVERTISER/CLIENT NUMBER	BILLING ACCOUNT NAME AND ADDRESS	REMITTANCE ADDRESS
1 of 1	09/30/2023	1083014	1083014	TN DEPARTMENT OF ENVIRONMENT & CONSERVATION DIVISION OF WATER RE 312 ROSA L. PARKS AVENUE, 11TH FLOOR WILLIAM R. SNODGRASS - TENNESSEE TOWER NASHVILLE, TN 37243-1102	SIX RIVERS MEDIA LLC PO BOX 4807 JOHNSON CITY, TN 37602-4807

HERALD & TRIBUNE
P. O. Box 277, Jonesborough, TN 37659

AFFIDAVIT OF PUBLICATION

AD# CF 5923

Dates: 8-16-2023

State of Tennessee)
) SS.
Washington County)

Teresa Hicks makes the oath that she is a Representative of The Herald & Tribune, a weekly newspaper published in Jonesborough, in said County and State, and that the advertisement was published in said newspaper for 1 insertion(s) commencing on August 16th, 2023 and ending on August 16th, 2023.

Marcella Brooks
Marcella Brooks

Sworn to and Subscribed before me this September 22nd, 2023
Month Day Year

In testimony whereof I have hereunto set my hand and seal the day and year aforesaid.



Marcella Brooks

Notary Public

My commission expires on

This legal notice was published online at www.heraldandtribune.com and www.publicnoticeads.com during the duration of the run dates listed. This publication fully complies with Tennessee Code Annotated 1-3-20

Local breaks stereotypes of aging to become a Senior Olympian

Age just number for Bogart

By SERINA MARSHALL
smarshall@sixriversmedia.com

Senior Center member Barbara Bogart is proof that age is just a number and that you are never too old — or too young — to follow your dreams.

At the age of 81, Bogart is a Senior Olympian, after placing in the triathlon at the National Games in Pittsburgh earlier this year.

“There are 10 Districts in the state of Tennessee. You have to participate in your District games, in order to go to the State Games. You don’t have to place in order to go to the State, but you do have to participate in the District Games in order to proceed to the State,” Bogart said. “If there is a conflict in your schedule, you may go to another District Games venue, held on a different date, but you do have to participate in a District Games competition in order to go to the State Games.”

At the State Games, you do have to place in order to qualify for the National Games, Bogart added.

“Some sports, you can place in the top 4, to qualify, some sports, only the top 3, in your District, qualify for the Nationals,” she explained. “I normally do as many sports (as) I can work in when I go to the District and State games, just for fun. I have done: Track and Field (T&F), 5K & 10K running events, swimming, badminton, table tennis, horseshoes, cycling, bowling, shuffleboard, basketball 3-point shots, foul-line shots, and they had another where you make shots from several different positions, but (I) don’t remember what they called these events, I don’t think they have them anymore. I normally do T&F, swimming, cycling and runs during the District and/or State for fun.”

At the first Nationals she attended in 2007, Bogart did T&F since she didn’t know how to swim at the time for the triathlon.

“I did not know how to swim at the time, so I did T&F and cycling that year. I learned to swim October 2007 and did my first triathlon in April 2008,” Bogart said. “There are 4 events in cycling, 5k TT (time trial), 10k TT, 20k road race, and 40k road race. I do all 4 events. There is only one event in triathlon, which of course is the triathlon, but the triathlon consists of a swim, bike and run.”

Since then, Bogart has continued to do National competitions competing in the triathlon category — and she has the awards to show for it.

“I have done several Nationals, since 2010. I qualified that year to go to the World Championships in Beijing, China, but I didn’t go because I live on Social Security and can’t afford to travel to a foreign country. The World Championships came to the States, to Chicago in 2015. I had to go to Milwaukee for the Nationals, in 2014, to qualify again and got to go and represent the USA at the ITU World Championships, in Chicago, in 2015. Still trying to get out of debt from those trips,” Bogart said.

“This is the first time I got medals in a National Senior Olympics Competition, and I hit the jackpot this year. I got a fifth-place ribbon and six medals — one bronze and five silver. I have come close, picked up a few fourth-place finishes in the past competitions. They give ribbons for fourth through eighth place at the National Senior Olympic Competitions. I did place in my first National Triathlon, but there were only three in my age group that year. We got plaques



SUBMITTED BY BARBARA BOGART

Just a few of the medals Bogart has received.



SUBMITTED BY BARBARA BOGART

Bogart takes part in the cycling category.



SUBMITTED BY BARBARA BOGART

The winners of the National Senior Olympics — with Bogart, at left, proudly taking silver.

instead of medals. They do give medals through five places in the Sprint distance and through 10 places in the Olympic distance, except at World Championships, only give medals for 3 places. I have gotten medals at the National Duathlon Championships.”

As for the future of her Olympian career? Bogart said she would like to continue doing what she loves and competing in more competitions wherever she is able.

“I will continue to compete) as long as the Lord

allows. I was in an auto accident, November 1, 1996, broke my neck, collarbone, fractured ribs, and leg. The whole medical staff and surgeon, felt there was some Divine Intervention in my case. The surgeon told me, just a small fraction more breakage, I would have been in deep trouble. I came very close winding up a quadriplegic. I called out to the God and He heard my cry,” Bogart said. “I wrapped my fingers around something to relieve the pressure off my neck. I didn’t know what I had ahold of, but I believe

it was the hand of the Lord. When the EMS came, one of them climbed down to me. They put a blanket over me to protect me from the broken glass when they busted the windshield to get me out. The guy that climbed down, where I was, slipped his hand in mine and told me to hold onto his hand. It was the same hand that I was holding onto something in the car. I never turned loose of anything in the car, he just slipped his hand in mine.

“I compete to honor God, the Grace He showed me, and to thank Him for His many blessings and allowing me to stay active. He has taken me to heights I could never have imagined. I also compete for my dad; he asked me to keep it up as long as I could. He was my biggest fan and proud of my accomplishments. I also lost my best friend the same year my dad passed. Dad died of heart failure, July 5, 2009, my best friend died of Cancer in October 2009. She was also my biggest fan. First for God, then my dad and best friend.”

Senior Center Director Mary Regen said that those at the center are so proud of what Bogart has accomplished and that her achievements help others in her age range.

“It challenges the negative stereotype of aging and gives a positive experience more seniors to be aware of,” Regen said. “It helps to combat ageism

and increase athleticism — no matter the age. Barbara is a testament to what hard work and commitment can do. We are planning to have a local Senior Olympics in September with the Johnson City Senior Center. We will host the shuffle board category at Lincoln Park now that we have a facility like that to use.”

Bogart also has a piece of advice for those that are older who may feel they can’t follow their dreams and be active at this stage in their life.

“There is no right age. You can start at any time in your life. Exercise is the best medicine. I do have a lot of health issues, and

was hospitalized this past winter with pneumonia, but my active lifestyle helps me recover quicker than most other people my age,” Bogart said.

“When I was in my early 60s I weighed 215 pounds. I could not get up from a chair, my knees were so stiff. I decided to eat better and start exercising. I lost 70 lbs. That was around 2003. I never dreamed I would be able to do the things that I do now. I never in my wildest dreams thought I would ever be representing the USA at a World’s Triathlon Age Group Championships. I didn’t even know about that when I started.”

Legals

NOTICE OF TRUSTEE'S SALE

WHEREAS, default has occurred in the performance of the covenants, terms, and conditions of a Deed of Trust Note dated October 23, 2009, and the Deed of Trust of even date securing the same, recorded November 2, 2009, in Book No. 664, at Page 607, and modified on February 23, 2022, in Book No. 1091, at Page 956 in Office of the Register of Deeds for Washington County, Tennessee, executed by Janet Dampier and Terrell Dampier, conveying certain property therein described to David P. Dempsey as Trustee for Mortgage Electronic Registration Systems, Inc., as beneficiary, as nominee for Peoples Home Equity Inc., its successors and assigns; and the undersigned, Wilson & Associates, P.L.L.C., having been appointed Successor Trustee by Fifth Third Bank, National Association.

NOW, THEREFORE, notice is hereby given that the entire indebtedness has been declared due and payable; and that an agent of Wilson & Associates, P.L.L.C., as Successor Trustee, by virtue of the power, duty, and authority vested in and imposed upon said Successor Trustee, by Fifth Third Bank, National Association, will, on **September 19, 2023 on or about 12:00 PM, at the At the front entrance of the Washington County Courthouse 100 East Main Street, Jonesborough, TN 37659**, offer for sale certain property hereinafter described to the highest bidder **FOR certified funds** paid at the conclusion of the sale, or credit bid from a bank or other lending entity pre-approved by the successor trustee. The sale is free from all exemptions, which are expressly waived in the Deed of Trust, said property being real estate situated in Washington County, Tennessee, and being more particularly described as follows:

SITUATED in the 10th Civil District of Washington County, Tennessee, and being more particularly described as follows: BEING all of Lot 2 in the BOWMAN ADDITION as shown by plat of record in Plat Book 5, Page 106, in the Register's Office for Washington County, Tennessee, reference to which is here made.

ALSO KNOWN AS: 934 East Mountain View Road, Johnson City, TN 37601

This sale is subject to all matters shown on any applicable recorded plat; any unpaid taxes; any restrictive covenants, easements, or setback lines that may be applicable; any statutory rights of redemption of any governmental agency, state or federal; any prior liens or encumbrances as well as any priority created by a fixture filing; and to any matter that an accurate survey of the premises might disclose. In addition, the following parties may claim an interest in the above- referenced property:

JANET DAMPIER
TERRELL DAMPIER
TENANTS OF
JOHNSON CITY ENERGY AUTHORITY DBA BRIGHTRIDGE

The sale held pursuant to this Notice may be rescinded at the Successor Trustee's option

at any time. The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above. In the event of inclement weather, the trustee hereby announces that the sale will be postponed and that notices of said postponement for inclement weather will be mailed to interested parties of record. **W&A No. 356577**

DATED July 30, 2023

WILSON & ASSOCIATES, P.L.L.C.,
Successor Trustee

Legals

TENNESSEE DEPARTMENT OF ENVIRONMENT AND CONSERVATION (TDEC) DIVISION OF WATER RESOURCES (DWR)
William R. Snodgrass - Tennessee Tower
312 Rosa L. Parks Avenue, 11th Floor
Nashville, Tennessee 37243

NOTICE OF PUBLIC HEARING

NOPH23-004 **August 8, 2023**

NOTICE IS HEREBY GIVEN: the Division of Water Resources will hold a public hearing pursuant to Rule 0400-40-05-06 (8) on the issuance of the General NPDES permit for discharges of treated groundwater associated with underground storage tank (UST) remediation.

Date:	September 18, 2023
Time:	12:30-1:00 PM CDT, Informal Questions and Answers 1:00-2:00 PM CDT, Formal Public Hearing

Meeting Location:
TDEC William R. Snodgrass - Tennessee Tower
312 Rosa L. Parks Ave.
3rd floor Multi-Media Room
Nashville, TN 37243

Ways to Participate:

In person (see above for the meeting location)
Log in online (see login info below)
Call in by phone (see call-in info below)

Virtual Login Info:
To access the meeting or join anytime during the Q&A session or the formal public hearing, click on the link or copy the URL to your web browser.

Microsoft Teams meeting
Join on your computer, mobile app or room device

https://teams.microsoft.com/l/meetup-join/19:meeting_ZWZmYThhMTk0ODNDhLWExOGEWjKMTA2YmFkNTQ5@thread.v2/0?context=%7B%22id%22%3A%22345bebf0d71-4337-9281-24b941616c36%22%22oid%22%3A%22e809db82-3ab4-4d68-8f76-f6729b3e3123%22%7D

Meeting ID: 221 202 158 976
Passcode: kdgefB
[Download Teams](#) | [Join on the web](#)
Join with a video conferencing device
StateofTN@m.webex.com
Video Conference ID: 111 367 278 0

Call-in Information
+1 629-209-4396, 694406143# United States, Nashville
Phone Conference ID: 694 406 143#

TDEC will receive public comments concerning the proposed permit action described below:

Permit Name:	Discharges of treated groundwater associated with underground storage tank (UST) remediation
Permit Number:	TNG830000
Permit Writer:	Vojin Janjic
Permit Rating:	General Permit
County:	Statewide
Description of Activity:	The general permit is to authorize Discharges of treated groundwater associated with underground storage tank (UST) remediation.
Receiving Stream:	Various waters of the state

The meeting moderator may limit the length of oral comments to allow all parties an opportunity to speak and will require that all comments be relevant to the proposed permit action and the DWR issues. TDEC staff considers written comments accepted at the hearing and through September 25, 2023, to be part of the hearing record. Written comments can be emailed to Mr. Vojin Janjic at vojjan.janjic@tn.gov.

Interested persons may obtain additional information, including a copy of the draft permit by contacting Mr. Vojin Janjic at vojjan.janjic@tn.gov. These documents may also be found on TDEC's [Water Resources Permits data viewer](#).

Individuals with disabilities who wish to participate in these proceedings (or review the file record) should contact TDEC to discuss any auxiliary aids or services needed to facilitate such participation. Contact may be in person, by writing, telephone, or other means, and should be made no later than Tuesday, August 15, 2023, to allow time to provide such aid or services. Contact the ADA Coordinator (1-866-253-5827) for further information. Hearing impaired callers may use the Tennessee Relay Service (1-800-848-0298). If it is hard for you to read, speak, or understand English, TDEC can provide translation or interpretation services free of charge by contacting Brian Canada at 615-532-0660 or brian.canada@tn.gov.

Si le resulta difícil leer, hablar o comprender inglés, TDEC puede proporcionarle servicios de traducción o interpretación sin cargo comunicándose con Brian Canada al 615-532-0660 o brian.canada@tn.gov.

For further information, you may reach Mr. Vojin Janjic, the permit writer, at 615-532-0670 or vojjan.janjic@tn.gov.